

## **Parent Code of Conduct**

By agreeing to the parent conduct contract, I understand it is a privilege for my son/daughter to play for Union Sacramento FC and I will conduct myself in a professional manner at all times while participating in all functions of Union Sacramento FC.

As parents, we will be respectful to all coaching staff of Union Sacramento FC, parents of Sacramento Union FC players, referees, and opposing players/parents. I agree to abstain from yelling and/or using any profane language towards my child, or any other player parent, coach or referee. I understand that I am not the coach, nor the referee – I am a parent whose role is to support my child and their team. I agree to use positive language in addressing Union Sacramento FC coaching staff, as I understand this is a teaching environment that is principled in guiding my child in a positive manner. I also understand the importance of positive parenting and guidance, remembering that "my child's success or lack of success in sports does not indicate what kind of parent I am... but having an athlete that is coach-able, respectful, a great teammate, mentally tough, resilient and tries their best is a direct reflection of my parenting."

I understand that I must wait 24 hours to talk to the coach when an issue arises unless my child is injured or sick.

I also agree to refrain from any egregious or extreme language about Union Sacramento FC players, coaches or families or other club's players, coaches or families on any social media medium.

I understand Union Sacramento FC is based on an environment that focuses upon positive teachable moments aimed towards developing my son/daughter not only as players, but good

community citizens, and that Union Sacramento FC supports the California anti-bullying initiative and the parents are expected to do the same.

I understand that alcohol is not allowed on the field.

I understand that if I as a parent violate this code of conduct, the Coach or Club administrators have the authority to suspend either myself and/or my child from participation in any or all Union Sacramento Club games, practices, or activities.